

Lupine

Lupinus perennis

QUICK FACTS

USDA ZONES

4–8

SUNLIGHT

Full Sun

BLOOM

Spring

HEIGHT

2–4 ft

DEER

Resistant

ORIGIN

North American native

POLLINATORS

Yes

AT A GLANCE

Lupines are cool-season plants that thrive in zones 4–6 and struggle in zones 7 and warmer, where summer heat and humidity shorten their lifespan significantly. The single most important success factors are acidic, well-drained soil and a cool planting site. In hot, humid areas, treat them as short-lived perennials or biennials rather than permanent plantings.

PLANTING CHECKLIST

- Match site to sun requirements above before buying
- Test soil drainage — dig a 12" hole, fill with water, time it (should drain in 1–2 hrs)
- Dig hole 2x wider than rootball, same depth
- Backfill with native soil — do NOT amend the planting hole
- Water deeply at planting and weekly for first 3 weeks
- Mulch 2" deep, keep mulch 2" away from trunk/stems

FULL GUIDE WITH SOURCES

<https://outdoorplantcare.com/plants/lupine-care/>