

# Growing Sage Outdoors

*Salvia officinalis*

## QUICK FACTS

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USDA ZONES

**4–9**

SUNLIGHT

**Full Sun**

## AT A GLANCE

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Sage is perennial in zones 4–8 and requires the same well-drained, lean soil as thyme and rosemary. It becomes woody and less productive after 3–4 years without regular pruning -- cut back by one-third in early spring and again after flowering each year. Varieties with colored foliage ('Purpurascens', 'Tricolor') are less cold-hardy than the species and require zone 5–6 minimum.

## PLANTING CHECKLIST

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- Match site to sun requirements above before buying
- Test soil drainage — dig a 12" hole, fill with water, time it (should drain in 1–2 hrs)
- Dig hole 2x wider than rootball, same depth
- Backfill with native soil — do NOT amend the planting hole
- Water deeply at planting and weekly for first 3 weeks
- Mulch 2" deep, keep mulch 2" away from trunk/stems

## FULL GUIDE WITH SOURCES

<https://outdoorplantcare.com/vegetables/growing-sage/>

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